

BOMSA at BOFAS 2026

British Orthopaedic Medical Students Association — Student Programme

BOFAS Annual Congress, Newport

Friday 6 November 2026 | 11:00 – 14:30

Convenor: Mr Matt Welck, Consultant Orthopaedic Foot and Ankle Surgeon, Royal National Orthopaedic Hospital

At a Glance

Time	Session	Location
11:00 – 11:45	Session 1: Careers in Foot and Ankle Surgery — invited faculty talks	BOMSA Room
11:45 – 12:30	Session 2: Student Free Papers	BOMSA Room
12:30 – 13:30	Session 3: BOFAS Tips and Tricks (joint with main congress)	Main Auditorium
13:30 – 14:30	Session 4: Scarf Osteotomy Practical Workshop, sponsored by Arthrex	Workshop Room

Session 1 — Careers in Foot and Ankle Surgery

11:00 – 11:45 | Invited faculty talks

Time	Title	Speaker
11:00 – 11:15	Life as an orthopaedic foot and ankle surgeon	Mr Shelain Patel Consultant Orthopaedic Foot and Ankle Surgeon, RNOH
11:15 – 11:30	The pathway from medical student to orthopaedics	Mr Chris Marusza Senior Fellow, Stevenage
11:30 – 11:45	Non-clinical skills you need in surgery	Mr Matt Welck Consultant Orthopaedic Foot and Ankle Surgeon, RNOH

Session 2 — Student Free Papers

11:45 – 12:30 | Student presentations and best presentation judging

Format: strictly 5 minutes' presentation, followed by 5 minutes of discussion and questions. Presentations will be judged by the faculty panel.

Time	Presentation	Presenter
11:45 – 11:55	Free paper 1 — title to be confirmed	To be confirmed
11:55 – 12:05	Free paper 2 — title to be confirmed	To be confirmed
12:05 – 12:15	Free paper 3 — title to be confirmed	To be confirmed

Time	Presentation	Presenter
12:15 – 12:30	Panel deliberation and announcement of the best presentation	Faculty panel

Session 3 — BOFAS Best of the Best

12:30 – 13:30 | Main Auditorium (joint session with the main congress)

Delegates should make their way to the main auditorium at 12:30 to join the congress Tips and Tricks session.

Session 4 — Scarf Osteotomy Practical Workshop

13:30 – 14:30 | Sponsored by Arthrex

A hands-on practical session in which delegates perform surgery using real surgical instruments on plastic bone models, under the direct guidance of consultant faculty. All equipment is provided; no prior experience is required.

Information for Delegates

- The BOMSA programme runs from 11:00 to 14:30 on Friday 6 November 2026 at the BOFAS Annual Congress, Newport.
- Sessions 1, 2 and 4 take place in the dedicated BOMSA rooms; Session 3 is in the main auditorium with the full congress.
- Students wishing to present a free paper should contact the convenor in advance. Presentations are strictly 5 minutes.
- No prior surgical experience is required for the practical workshop. Instruments, plastic bone models and faculty supervision are provided by Arthrex.
- Please arrive 10 minutes before the start of each session.
- Registration link: <https://cvent.me/2oWdn5>
- Enquiries: Mr Matt Welck, Convenor.